



## STUDENT ENROLMENT APPLICATION

GIVEN NAME \_\_\_\_\_ FAMILY NAME \_\_\_\_\_

PARENTS/GUARDIANS NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

POST CODE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ MALE/FEMALE \_\_\_\_\_

TELEPHONE (H) \_\_\_\_\_ (B) \_\_\_\_\_ MOBILE \_\_\_\_\_

EMAIL \_\_\_\_\_

PREVIOUS MARTIAL ARTS EXPERIENCE \_\_\_\_\_

PRE-EXISTING MEDICAL CONDITIONS \_\_\_\_\_

APPLICANTS SIGNATURE \_\_\_\_\_ START DATE \_\_\_\_\_

(Parents/Guardians signature required if the applicant is under 18 years)

I the undersigned applicant, hereby apply to be instructed in the Kenpo 5.0 program. I agree to undertake that I will not use or teach Martial Arts in an abusive manner outside the school's teaching premises. I accept my rights, risks and responsibilities as outlined below.

### APPLICANTS RIGHTS AND REPONSIBILITIES

All students have the right and responsibility to excuse themselves from any exercise they believe will be harmful to them. All students must evaluate each situation in the context of their skill and current physical condition, and to conduct each drill in a manner that is safe. If an instructor gives an instruction that is unsafe for the student, it is the student's responsibility to inform the instructor that the drill may be unsafe. The instructor will excuse the student from any unsafe exercises and drills.

In the event of an injury, students have the right and responsibility to evaluate the extent of the harm and determine whether it is safe to continue. Unless a student is certain that further practice will not create or exacerbate a problem, all students are encouraged to stop what they are doing and inform an instructor. In the event of a serious injury, all students, instructors, staff and visitors have the right to call a stop to a particular training exercise. If a student notes an unsafe training situation, the student must notify an instructor or staff member immediately.

### ASSUMPTION OF REPONSIBILITIES AND RISK

Martial arts is a potentially dangerous activity. Bumps, bruises, scrapes, scratches are commonplace, and most students will encounter this sort of minor injury from time to time in their training. More serious injuries are possible including sprains, twists, cramps and injuries of similar nature, and students can expect to encounter these injuries infrequently. The possibility of more serious injury exists, including fractures and torn ligaments.

I understand the above statement of risk, and I understand the rights and responsibilities of students. I assume responsibility for my own safety and accept and understand the risks involved with martial arts training.

I release and indemnify Kenpo 5.0 NZ and its instructors, staff, guests, students, landlords, management companies and any other relevant parties against any liability, loss, claim or proceedings in respect of any personal injury sustained by me resulting in activities as a student, unless caused by the negligence of the Kenpo school and/or its agents.

APPLICANTS SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(Parents/Guardians signature required if the applicant is under 18 years)

PARENTS/GUARDIAN FULL NAME \_\_\_\_\_

PARENTS/GUARDIAN SIGNATURE \_\_\_\_\_

## **STUDIO REQUIREMENTS & ETIQUETTE**

- Bow before you enter or leave the Dojo
- Alcohol is prohibited on the premises and any member who has consumed alcohol prior to attending the School shall not be permitted to train.
- Smoking is prohibited during and 1 hour prior to a training session
- No jewellery of any kind is to be worn during training
- Uniforms shall be kept in a clean and repaired state
- Finger and toe nails need to be kept short and clean at all times
- Pay attention to personal hygiene – please
- Never turn your back to instructors/examiners when grading or demonstrating – walk backwards if you have to
- Please be on time for classes. Every attempt will be made to start and finish classes on time
- If you arrive late, please wait at the side of the “mat” until the instructor salutes you to join the class
- Where possible let the instructor know if you cannot make it to class
- No one is to leave the Dojo after training has started, without the instructor’s permission
- Please inform the instructor of all injuries at the beginning of the class
- Once you have received your Yellow Belt you will be required to become a member of JSK 5.0.
- Yellow belts and upwards must wear groin protection and Gi’s to all training sessions
- Orange belts and upwards need to have their own set of sparring gear.
- Shoes are not to be worn on the training mat

*Enjoy your Kenpo, train hard in class and out and remember that Kenpo has many facets:*

*“A discipline, a way of life, a philosophy, an art and most assuredly a science.”*